neolth

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Below please find the answers to some common questions about our Student Ambassador Program. If you have additional questions, please email hello@neolth.com

1. **I am a clinical student applying for licensure. Will this internship count towards my clinical hours?**
   No. This is not a counseling internship. You will not be conducting therapy with patients. This is a student group meant to foster learning opportunities about mental health and peer connection.

2. **What are the eligibility requirements to participate in this program?**
   - Must be a current high school, undergraduate or graduate student (full or part time status) OR have graduated within the last year
   - Be 14+ years old
   - Have parental permission to participate, if under 18 years old
   - Be available to participate 2 hours per week, through advocacy, attendance of virtual events, or both

3. **What is the time commitment?**
   Student Ambassadors are to work flexible hours remotely, for a minimum of 2 hours per week. The exact number of hours a student can work will vary, depending on the amount of advocacy projects in which they engage.

4. **What are the start and end dates?**
   The Spring program starts in February and runs through May.
   The Summer program starts in June and runs through August.
   The Fall program starts in September and runs through November.
   *Exact dates are subject to change based and will be communicated with applicants during the interview process.

5. **What days will we meet as a group?**
   Dates will be determined based on the group's availability. We typically have 1-2 events per month for the full Ambassador group. Students meet in between events as they see fit to work on their advocacy projects. Meetings will be held over video chat. Educational talks will be recorded so students who cannot attend live can watch at a later time.

6. **Is this a paid internship?**
   No, this is an unpaid learning and advocacy opportunity for students.

7. **Is this group therapy?**
No. The Student Ambassador Program is not meant to be therapy or a mental health service. The program provides education, advocacy and peer connection.

8. **What advocacy projects can I participate in during the semester?**
Ambassadors may participate in one of the following Ambassador tracks, each with their own advocacy projects as detailed below. Advocacy projects subject to change based on Program Manager's discretion.

   - <u>Outreach:</u> Outreach Ambassadors will work with our team to develop virtual events and presentations for mental health stakeholders. Students will help organize, market & host these events.
   - <u>Content Creation:</u> Content Creation Ambassadors will film or write a series about their personal experiences with mental health or other related topics. Some previous Student Stories topics include Body Positivity, Dealing with Grief & Loss, and Managing Academic Stress. Content is featured on the Neolth app & in our Forum.
   - <u>General Member:</u> the remainder of our Ambassadors participate as a general member. They connect with other Ambassadors via our growing online community as well as at our monthly meetings. These meetings serve as an educational opportunity for students to learn more about mental health.

9. **Can I put this internship on my resume or LinkedIn?**
Absolutely! Use the title, *Student Mental Health Ambassador*. You can link @Neolth on LinkedIn or other social media channels.

10. **I have friends that want to participate in the Ambassador Program. Can they apply?**
Interested students can apply by completing this [Google Form](#). We will accept Ambassadors at the start of each semester, based on their experience and passion for mental health. 5-10 students will be chosen for each track. We will accept general members on a rolling basis, based on their enthusiasm and available spaces for the Ambassador Program.

11. **What if I can no longer participate in the Ambassador Program?**
If you can no longer participate, please send an email to hello@neolth.com with your first and last name and the name of your school. You can stop participating at any time.