

# THE MENTAL HEALTH SUPPORT YOUR STUDENTS NEED

Guideline for the implementation of on-demand stress & mental health support in your high school or university



## WHAT IS NEOLTH?

A comprehensive mobile app built by education and health professionals in partnership with students, Neolth includes:

- Personalized relaxation and SEL practices
- Universal health screening and routine health check-ins
- Real-time health analytics for schools
- Educational mental health videos
- Student video series about lived experiences with mental health
- Livestream community events
- 24/7 crisis referral
- Staff wellness & education

Neolth can be used as an opt-in health service or integrated into your curriculum. Students' stress decreased up to 22.2% after 8 weeks and 39.8% after 12 weeks (as measured by the PSS-4).

You can implement Neolth at your school for as little as \$10/student/year! Simply select the number of licenses and level of care desired. Our team will guide your staff with roll out.

**Contact us at [hello@neolth.com](mailto:hello@neolth.com) to get started. Limited spots available for September 2021 roll out.**

## Who Can Use Neolth

Neolth is used by anyone ages 14+ years. Neolth is frequently used by high school and college students, educators and school staff for stress and mental health support.

School counselors and administrators use Neolth Admin Accounts to monitor individual students and receive real-time population health updates.



"Neolth is a game changer.  
It's the right way to **take care**  
of your mental health."

